

<b>Ingredient</b>	<b>Shelf Life</b>	<b>Resources</b>
<b>Baking Supplies</b>		
Baking powder	18 months	<a href="#">How to Make Baking Powder</a>
Baking soda	2 years	<a href="#">How to Tell If Baking Soda is Still Good</a>
Chocolate, baking	6-12 months	
Chocolate chips, semi-sweet	2 years	
Chocolate chips, milk chocolate	16 months	
Cocoa	1 year	
Corn meal	6-12 months	
Corn starch	18 months	
Cream of tartar	2-3 years	
Flour, all-purpose	6-8 months	
Flour, self-rising	6-8 months	<a href="#">How to Make Self-Rising Flour</a>
Flour, wheat	6-8 months	
Honey	Indefinitely	
Milk, evaporated	1 year	<a href="#">How to Make Evaporated Milk</a>
Milk, powdered	1 year	
Milk, sweetened condensed	1 year	<a href="#">How to Make Sweetened Condensed Milk</a>
Molasses	2 years	
Nuts, shelled	4 months	
Nuts, unshelled	6 months	
Oil, canola	2 years unopened, 1 year opened	
Oil, olive	6 months	
Oil, vegetable spray	two years	
Salt	Indefinitely	
Sugar, brown	Indefinitely	<a href="#">How to Soften Hard Brown Sugar</a>
Sugar, granulated	Indefinitely	

Sugar, powdered	Indefinitely	<a href="#">How to Make Powdered Sugar</a>
Vanilla extract (imitation)	3 years	
Vanilla extract (real)	Indefinitely	<a href="#">How to Make Vanilla Extract</a>
Yeast	follow expiration date on package	<a href="#">How to Proof Yeast</a>
<b>Herbs &amp; Spices (dried and ground)</b>		
Allspice	2-3 years	
Basil	1-3 years	
Bay leaves	1-3 years	
Black pepper	2-3 years	
Chili powder	2-3 years	
Cinnamon sticks	3-4 years	
Cinnamon, ground	2-3 years	
Cloves, ground	2-3 years	
Coriander seed	3-4 years	
Coriander, ground	2-3 years	
Cumin	2-3 years	
Dill	1-3 years	
Dry mustard	2-3 years	
Garlic (minced)	2 years, unopened	
Garlic (whole)	3-4 months	
Garlic powder	2-3 years	
Ginger, ground	2-3 years	
Marjoram	1-3 years	
Nutmeg	2-3 years	
Onion powder	2-3 years	
Oregano	1-3 years	
Parsley	1-3 years	

Rosemary	1-3 years	
Sage	1-3 years	
Savory	1-3 years	
Thyme	1-3 years	
<b>DRIED GOODS</b>		
Beans, dried	1 year	<a href="#">Dried Bean Cooking Times</a>
Cereal	6-12 months unopened, 2-3 months opened	
Dried fruit (raisins, apricots, etc.)	6-12 months	
Jerky, commercial packaged	12 months	
Jerky, homemade	1-2 months	
Lentils	1 year	
Oatmeal	1 year	
<b>Canned &amp; Jarred Goods</b>		
Applesauce	12-18 months	
Beans, canned	2-5 years	
Broth, beef	2-5 years	
Broth, chicken	2-5 years	
Broth, vegetable	2-5 years	
Canned fruit	12-18 months	
Canned meats (tuna, salmon, chicken, etc.)	2-5 years	
Home-canned foods	12 months	
Pumpkin puree	12-18 months	
Soup (except tomato)	2-5 years	
Soup, tomato	12-18 months	
Tomato paste	12-18 months	
Tomato sauce	12-18 months	
Tomatoes, crushed	12-18 months	

Tomatoes, stewed	12-18 months	
Tomatoes, sun-dried (oil-packed)	12-18 months	
Tomatoes, whole	12-18 months	
<b>Pasta &amp; Grains</b>		
Cookies, packaged	2 months	
Crackers	8 months	
Pasta	2 years	
Popcorn	2 years	
Pretzels/Chips	2 months	
Rice, basmati	2 years	
Rice, brown	6 months	
Rice, jasmine	2 years	
Rice, white	2 years	
Rice, wild	6 months	
<b>Condiments</b>		
Barbeque sauce	1 year	
Hot sauce	5 years unopened	
Jam	2 years	
Jelly	2 years	
Ketchup	1 year	
Maple syrup, artificial	1 year	
Maple syrup, real	1 year unopened	
Mayonnaise	3-4 months after package date	
Mustard	2 years	
Peanut butter	6-9 months unopened, 3 months opened	
Pickles	1 year	
Salad dressing	12-18 months	

Salsa	12-18 months	
Soy sauce	3 years unopened	
Vinegar, apple cider	Best used in 2 years, safe indefinitely	
Vinegar, balsamic	Best used in 3 years, safe indefinitely	
Vinegar, malt	Best used in 2 years, safe indefinitely	
Vinegar, red wine	Best used in 2 years, safe indefinitely	
Vinegar, rice	Best used in 2 years, safe indefinitely	
Vinegar, white	Indefinitely	
Vinegar, white wine	Best used in 2 years, safe indefinitely	
Worcestershire sauce	1 year	
<b>Drinks</b>		
Coffee, ground and vacuum-packed	1 year unopened, 1-2 weeks opened	
Coffee beans (roasted). Not vacuum-packed	1-3 weeks	
Coffee, freshly ground	1-2 weeks	
Coffee, instant	1 year unopened, 2-3 months opened	
Iced tea mix	3 years unopened, 6-12 months opened	
Juice boxes	4-6 months	
Juice, bottled or canned	12 months	
Soda	3 months after expiration date	
Tea, in bags	18 months unopened, 1 year opened	
Tea, loose	2 years unopened, 6-12 months opened	
Water, bottled	1-2 years	
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